

Single-Patient Nurse Mixing Instruction Sheet

Non-24/7 Pharmacies and Free-Standing Emergency Department

folic acid 1 mg/100 mL D5W or 0.9% NaCl

SUPPLIES include quantity and medication name, strength/concentration, volume, diluent, diluent volume, and quantity and name of each supply needed

*** NS flush syringes are never to be used for reconstitution/diluent for medication. ***

- One (1) folic acid 50 mg/10 mL (5 mg/mL) injection vial
- One (1) dextrose 5% in water (D5W) or 0.9% NaCl 100 mL bag (depending on Epic ordered diluent)
- Alcohol swabs
- One (1) 18 gauge needle preferred (20-23 gauge needles acceptable)
- One (1) 1 mL sterile IV syringe
- Nursing IV admixture label(s) Lawson # 626

STEPS explicitly state each step in chronological order, including hand washing, gown/garb, alcohol swab, etc.)

- 1. Wash hands. Prepare/clean the designated mixing area.
- 2. Flip the cap off of the folic acid 50 mg/10 mL (5 mg/mL) injection vial, and wipe the rubber stopper with alcohol swab and the injection port of the ordered diluent bag.
- 3. Attach 18 gauge needle to syringe. Withdraw 0.2 mL from folic acid 5 mg/mL vial.
- 4. Transfer 0.2 mL of folic acid 5 mg/mL injection into the ordered diluent bag, and discard the syringe into a sharp container. Discard folic acid vial with any remaining solution in pharmaceutical waste bin.
- 5. Gently invert bag to mix. Do not shake. Visually inspect solution (e.g. free of inappropriate visible particulates or other foreign matter, discoloration, and defect), and the container integrity is intact. Discard if any defects.
- 6. Label the folic acid 1 mg/100 mL bag with:
 - a. Drug name, strength, and dose (if not apparent by the container)
 - b. Diluent and volume (if not apparent by the container)
 - c. Hang-by date and time (administration must begin within 1 hour from the time of compounding)
 - d. Initials of person compounding

NOTES explicitly state (if applicable) any pertinent information

Protect final product from light. Cover with light protected plastic bag (e.g. brown plastic bag).

References

- Folic acid [prescribing information]. Lake Zurich, IL: Fresenius Kabi USA, LLC. Revised: 11/2016. https://dailymed.nlm.nih.gov/dailymed/fda/fdaDrugXsl.cfm?setid=e215318c-4f8b-4711-ae76-f370d1da0f3b&type=display.
- United States Pharmacopeia (USP). General Chapter, <797> Pharmaceutical Compounding—Sterile Preparations. (2023) USP-NF. Rockville, MD: United States Pharmacopeia.

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