

U-500 Insulin Conversion Guidelines to U-100 Subcutaneous Insulin

Conversion	Example
1. Calculate outpatient U-500 total daily dose (TDD)	<ul style="list-style-type: none"> • 400 units/day
2. Reduce TDD by 50% for inpatient safety	<ul style="list-style-type: none"> • Adjusted TDD = 200 units/day
3. Basal insulin (~50% of adjusted TDD)	<ul style="list-style-type: none"> • Example: 100 units/day • Uses clinical judgement for once-daily vs twice-daily dosing • Consider BID dosing for glargine U-100 at ≥ 100 units/day
4. Prandial insulin (~50% of adjusted TDD)	<ul style="list-style-type: none"> • Example: ~33 units before meals (TID) • Further reduce for NPO status or poor oral intake
5. Correctional insulin	<ul style="list-style-type: none"> • High-dose or high-intensity correction scales are often required • Especially for patients with historical $TDD \geq 200$ units/day
6. Timing basal insulin	<ul style="list-style-type: none"> • Administer first U-100 basal dose ~12 hours after the last U-500 dose
7. Ongoing management	<ul style="list-style-type: none"> • Frequent reassessment and titration expected • Rapid up-titration may be required for hyperglycemia • Hypoglycemia remains possible despite dose reduction