

## IREDELL HEALTH SYSTEM

<b>Heparin Prophylaxis Monitoring Program</b>	
Approved by: Warren Mills, MD, Anesthesia Laura Rollings, PharmD, BCPS, BCGP	Last Revised/Reviewed Date: 09/2021
P&T Committee	Date: 10/2021 - pending

### **Policy:**

Prophylactic heparin (5000 units SQ BID or TID) will be monitored according to protocol to minimize adverse effects.

Note: Patients who have or have had heparin-induced thrombocytopenia (HIT) should not receive heparin.

### **Procedure:**

A baseline CBC should be obtained prior to initiating heparin therapy if not done within the previous 24 hours. A CBC will be ordered at least weekly. Pharmacists may order CBCs if needed.

#### After epidural catheter is removed:

- Wait at least 4 hours from removal of epidural catheter before beginning anticoagulants
- Wait at least 12 hours from placement of epidural catheter before beginning anticoagulants

The provider will be contacted if:

- the platelet count is less than 100,000/mm(3) or decreases by more than 30% from baseline
- the hemoglobin drops 3 grams from baseline
- there are visible signs or suspicion of bleeding (neurological changes, joint pain, abdominal/flank pain, etc.)
- stool is positive for blood

INITIAL EFFECTIVE DATE: 06/2010

DATES REVISIONS EFFECTIVE: 10/2018, 10/2021

DATES REVIEWED (no changes):