

IREDELL HEALTH SYSTEM

Administration Requirements for Digoxin, Calcium Channel Blockers & Beta Blockers	
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Cardiology Co-Management P&T Committee	Date: 01/2026 Date: 02/2026
Summary of Revisions: New Policy	

Policy:

Digoxin (Lanoxin), Calcium Channel Blockers (non-dihydropyridine) and Beta Blockers shall be held and the provider notified when the patient’s heart rate is less than 50.

Procedures:

Digoxin requires the following prior to *each* administered dose:

- 1) Nursing staff shall obtain the patient’s apical heart rate and record in the EMR.
- 2) If the apical heart rate is less than 50, the nurse shall hold the dose and notify the provider for further orders.
- 3) This is applicable to all routes of administration

Calcium Channel Blockers (non-dihydropyridine) / Beta Blockers require the following prior to *each* administered dose:

- 1) Nursing staff shall obtain the patient’s pulse and record in the EMR.
- 2) If the pulse is less than 50, the nurse shall obtain an apical heart rate. If the apical heart rate is less than 50, the nurse shall hold the dose and notify the provider for further orders.
- 3) This is applicable to all routes of administration

INITIAL EFFECTIVE DATE: 3/2026
DATES REVISIONS EFFECTIVE:
DATES REVIEWED (no changes):