



Therapeutic Interchange for Probiotics

Patients under the age of 16 years old are excluded from this interchange.

Ordered As	Substitute
Products containing: <i>Lactobacillus</i> and/or <i>Bifidobacterium</i> (Bacid, Acidophilus, Floranex, Lactinex, Align, etc.)	<i>Culturelle (Lactobacillus GG – 10 billion cells)</i> Adults: 1 capsule PO twice daily Children 1 year or older: 1 Capsule PO daily
<i>Saccharomyces</i> containing products (Diff-Stat, etc.)	<i>Florastor (Saccharomyces boulardi iyo – 250 mg)</i> Adults: 2 capsule PO twice daily Children at least 2 months of age: 1 capsule PO twice daily

Capsule(s) may be opened and mixed with any **cool** semi-solid food or NON-carbonated beverage. Use within 30 minutes of mixing. May administer via g-tube.

References:

Clinical Resource, *Comparison of Common Probiotic Products. Pharmacist's Letter/Prescriber's Letter*. September 2020.
www.florastor.com
www.culturelle.com