



# Compliant Garbing Practices for Sterile Compounding

**1. Don a Hair Cover, Face Mask,  
and Beard Cover**



**2. Don Shoe Covers over the LOD**



**3. Perform Hand Hygiene: Clean nails with  
disposable nail pick. Wet arms and hands  
up to elbows and lather for 30 seconds.**



**4. Don Non-Shedding  
Gown**



**5. Don Sterile Gloves Over  
Cuff of Gown: Apply alcohol-  
based hand rub and allow to  
dry immediately prior.**

